

Whitehead Menu – January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
	Drink Options: Orange Juice Apple Juice 1% Milk Fat Free Choc	Happy New Year! No School	No School	Snow Day	Snow Day	
6	7 Updated On 1/10/19	8	9 Sausage and Biscuit, with Gravy Blueberries ----- Sloppy Joes Tator Tots Veggie Beans Applesauce	10 Muffin Dried Fruit Mix ----- Criptito, Salad Chips & Salsa Pinto Beans Orange Wedges	11 Cereal Assorted Fruit ----- Hot Dog Carrots/ Ranch Corn Apple Wedges	12
13	14 NO SCHOOL	15 Breakfast Pizza Apple Wedges ----- Steak Fingers Potatoes/Gravy Corn & Hot Roll Diced Pears	16 Oatmeal Cinnamon Toast Blueberries ----- Lasagna & Salad Green Beans Garlic Bread Sticks Peach Cobbler	17 Dutch Waffles Orange Wedges ----- Cheese Nachos with Chicken & Salsa Pinto Beans Salad w/Ranch Pineapple Tidbits	18 Cereal Assorted Fruit ----- BBQ Sandwich Carrots/Broccoli With Ranch Baked Chips Orange Wedges	19
20	21 Cinnamon Toast, Cereal Banana ----- Frito Chili Pie Carrots/Ranch Corn Orange Wedges	22 Biscuits & Gravy Apple Wedges ----- Chicken/Noodles Steamed Carrots Green Beans Hot Roll & Pears	23 Oatmeal Cinnamon Toast Blueberries ----- Turkey/Cheese Sandwich/ Chips Let/Tom/Pickle Broccoli & Carrots Diced Peaches	24 Mini-Waffles/Syrup Dried Fruit Mix ----- Tacos & Salad Pinto Beans Chip & Salsa Applesauce	25 Dutch Waffle Sliced Strawberries ----- Corn Dog Tator Tots Peas Cookie & Fruit	26
27	28 Cereal Banana ----- Ham/Cheese Sandwich Let/Tom/Pickle Veggie Beans Orange Wedges	29 Muffin Mandarin Oranges ----- Popcorn Chicken French Fries Corn, Hot Roll Diced Peaches	30 Scrambled Eggs, Toast & Jelly Oranges Wedges ----- Spaghetti, Salad Green Beans Garlic Bread Applesauce	31 Sausage Biscuit With Gravy and Dried Fruit Mix ----- Chicken Fajita Chips & Salsa Pinto Beans/Salad Pineapple Tidbits	<u>February 1</u> Pancakes Syrup/PB Apple Wedges ----- Pepperoni Pizza Carrots/Celery With Ranch Cookie & Pears	
	A water fountain is available in the Cafeteria.	This institution is an equal opportunity provider.	Healthy Hut will be open daily selling snack items for \$1.			

No School on January 14 for Professional Development Meetings.