

Whitehead Menu November 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|--|---|--|-----|
| | This institution is an equal opportunity provider. | | | 1 Cereal Cinnamon Toast Orange Wedges ----- Chicken Fajita Chips & Salsa Pinto Beans/Salad Pineapple Tidbit | 2 Muffin Dried Fruit Mix ----- Pepperoni Pizza Corn Carrots Ranch Cookie & Pears | 3 |
| 4 | 5 Cereal Cinnamon Toast Banana ----- Hamburger Let/Tom/Pickle French Fries Orange Wedges | 6 Pancakes Syrup/PB Apple Wedges ----- Steak Fingers Potato/Gravy Corn, Hot Roll Diced Pears | 7 Biscuits/Gravy Orange Wedges ----- Baked Potato Cheese/Ham Green Beans Garlic Bread Applesauce | 8 Dutch Waffle Cinnamon Apples ----- Criptito, Salad Chips & Salsa Pinto Beans Apple Wedges | 9 Cereal Assorted Fruit ----- Vegetable Soup Grilled Cheese Carrots / Ranch Diced Peaches And a Cookie | 10 |
| 11 | 12 Pop-Tart Cheese Stick Dried Fruit Mix ----- Mac & Cheese Steamed Broccoli Carrots/ Ranch Diced Peaches | 13 Scrambled Eggs/Toast/Jelly Pineapple Tidbits ----- Popcorn Chicken Tator Tots Corn & Hot Roll Orange Wedges | 14 Mini-Waffles Syrup/ PB Diced Pears ----- Corn Dog Sliced Carrots Baked Chips Apple Wedges | 15 Cereal <u>Apple Wedges</u> Thanksgiving Lunch Turkey & Gravy Mashed Potatoes Green Beans Hot Roll Peach Cobbler | 16 Biscuits & Gravy Orange Wedges ----- Pepperoni Pizza Corn & Peas Assorted Fruit Cookie | 17 |
| 18 | 19 No School | 20 No School | 21 No School | 22 No School Thanksgiving Day | 23 No School | 24 |
| 25 | 26 Cinnamon Toast, Cheese Stick, Cinnamon Apples ----- Cheese Nachos Chicken & Salsa Broccoli & Ranch Orange Wedges | 27 Muffin Cheese Stick Apple Wedges ----- BBQ Sandwich Veggie Beans Carrots & Ranch Baked Chips Diced Peaches | 28 Sausage English Muffin Jelly and Cheese Mandarin Oranges ----- Lasagna & Sliced Carrots and Green Beans Garlic Bread Applesauce | 29 Biscuit And Gravy, Jelly Orange Wedges ----- Tacos, Corn Pinto Beans Chips & Salsa Pineapple Tidbits | 30 Cinnamon Toast & Cereal Diced Pears ----- Hot Dog Tater Tots Green Peas Cookie & Fruit | |