

Whitehead Menu October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Cereal Cinnamon Toast Banana ----- Vegetable Soup Grilled Cheese Carrots / Ranch Diced Peaches	2 Muffin Cheese Stick Apple Wedges ----- Steak Fingers Potato/Gravy Corn, Hot Roll Diced Pears	3 Biscuits/Gravy Orange Wedges ----- Chicken Ziti Salad/Ranch Green Beans Garlic Bread Applesauce	4 Dutch Waffle Cinnamon Apples ----- Criptito, Salad Chips & Salsa Pinto Beans Apple Wedges	5 Cereal Assorted Fruit ----- Hamburger Let/Tom/Pickle French Fries Orange Wedges Cookie	6
7 National School Breakfast Week!! Eat Break- fast and you could win a prize	8 Pop-Tart Cheese Stick Banana ----- Mac & Cheese Steamed Broccoli Carrots/ Ranch Diced Peaches	9 Cereal Cinnamon Toast Apple Wedges ----- Chicken Pattie Potato/Gravy Green Beans Hot Roll & Pears	10 Breakfast Pizza Pineapple Tidbits ----- Sloppy Joes Tator Tots Veggie Beans Orange Wedges	11 Min-Waffles Syrup/ PB Diced Pears ----- Cheese Nachos with Chicken & Salsa Pinto Beans Salad Apple Wedges	12 Biscuits & Gravy Sausage/Jelly Orange Wedges ----- Pepperoni Pizza Corn & Salad Assorted Fruit Cookie	13
14	15 Cinnamon Toast, Cheese Stick and Cinnamon Apples ----- BBQ Sandwich Veggie Beans Baked Chips Diced Peaches	16 Cereal Diced Pears ----- Hot Dog Carrots/ Ranch Corn Applesauce	17 NO SCHOOL FALL BREAK	18 NO SCHOOL FALL BREAK es	19 NO SCHOOL FALL BREAK	20
21	22 Cereal, Fruit & Cheese Stick ----- Corn Dog Tator Tots Peas Orange Wedges	23 Scrambled Eggs, Toast & Jelly Mandarin Oranges ----- Lasagna & Salad Green Beans Garlic Bread Apple Crisp	24 Muffin Apple Slices ----- Hamburger Let/Tom/Pickles Veggie Beans Chips & Peach	25 English Muffin Sausage & Jelly Orange Wedges ----- Tacos & Salad Pinto Beans Chip & Salsa Applesauce	26 Pancakes Syrup/ PB Orange Wedges ----- Frito Chili Pie Carrots/Ranch Corn & Cookie Assorted Fruit	27
28	29 Cereal Banana ----- Ham/Cheese Sandwich, Chips Let/Tom/Pickles Veggie Beans Orange Wedges	30 Dutch Waffle Cinnamon Apples ----- Spaghetti, Salad Green Beans Garlic Bread Applesauce	31 Biscuits & Gravy Apple Wedges ----- Popcorn Chicken French Fries Corn, Hot Roll Diced Peaches Dirt Pudding	November 1 Cereal Cinnamon Toast Orange Wedges ----- Chicken Fajita Chips & Salsa Pinto Beans/Salad Pineapple Tidbits	2 Muffin Assorted Fruit ----- Pepperoni Pizza Carrots/Celery With Ranch Cookie & Pears	This institution is an equal oppor- tunity Provider.